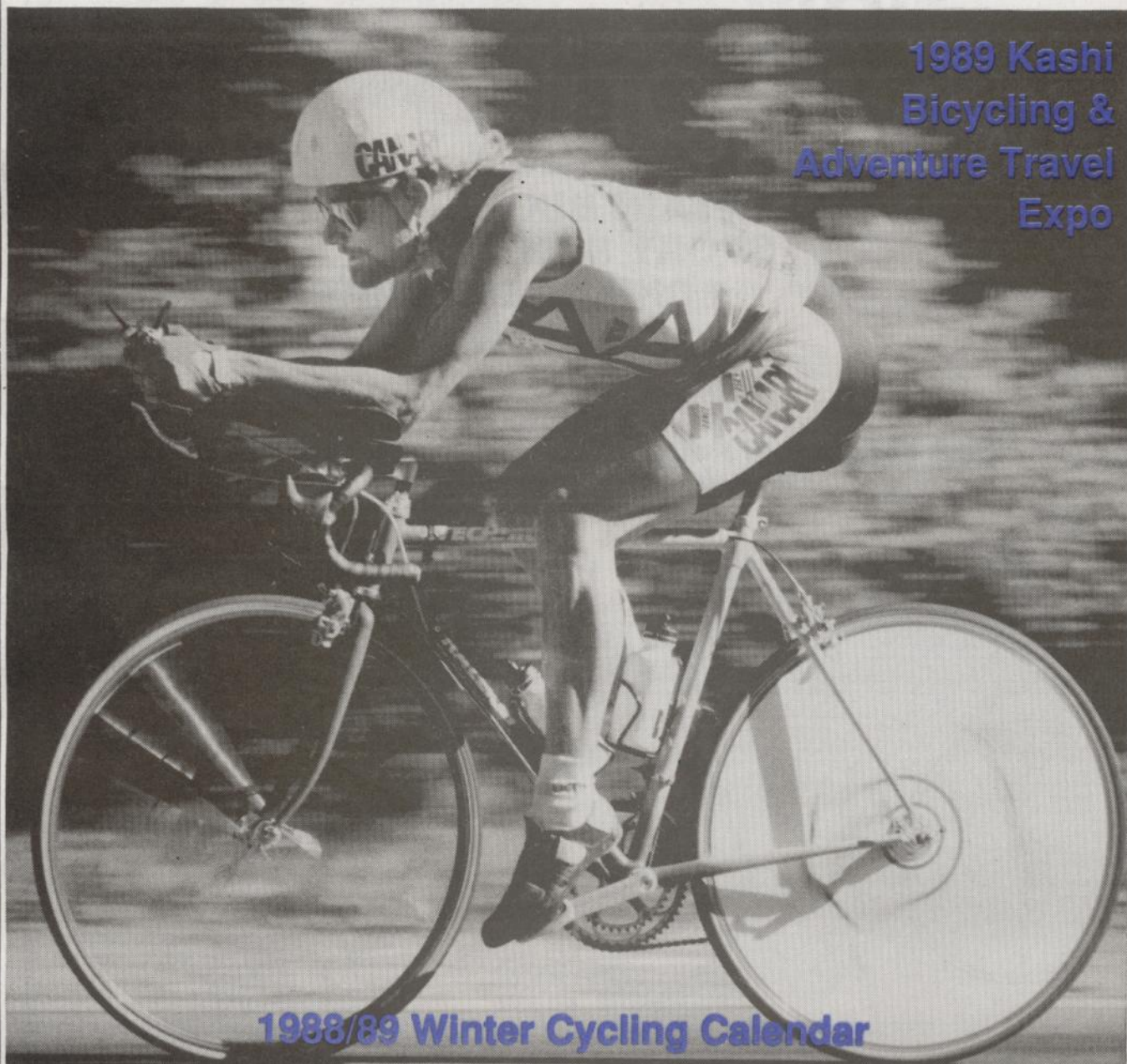


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Bicycling San Diego

Winter 1988 Free

1989 Kashi
Bicycling &
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Expo



1988/89 Winter Cycling Calendar

San Diego Cycling News

Bicycling Newfoundland

On the Cover

San Diego's Rob Templin finished 2nd in the 1988 Race Across AMerica. On Sunday, February 5th he will take part in the annual Bike For Breath. Turn to page 1 for the ride entry form.

*Photograph by
Dave Nelson*

Bicycling

The tour will be a combination of road stages, time trials and criteriums. Tentatively scheduled are 100km men's and 50km women's criteriums in San Diego's Old Town, however, Horton Plaza is lobbying heavily for the criterium to encircle the downtown shopping complex. So far, no decision has been made on the San Diego race course location.

More information on this exciting bicycle race will be included in the Spring issue of *Bicycling San Diego*.

BIKE FOR BREATH

The Bike for Breath, San Diego County's most successful fund raising bike ride, attracted 3,312 riders and collected \$87,500 during the 1988 event. The money is used for life-saving programs of care, treatment, research, physician training, and public education of the National Asthma Center.

On Sunday, February 5, 1989 cyclists will once again have an opportunity to join in this event that does so much good for so many. Experienced riders can choose between three distances: 30, 50, and 100 miles that start and finish in Mission Bay Park. Entrants can obtain pledges for every mile ridden or enter

with a flat entry fee of \$13 (\$15 after January 28th). Your registration fee includes an EAGLE 105 t-shirt, Pizza Hut/Pepsi food coupon and



total route support. A limited edition pin is available for an additional \$3.

Refreshments along the way and at the finish include peanut butter and jelly sandwiches, Quaker Oats granola bars, Dole fresh fruit, Dannon yogurt, Bodyfuel, Palomar Mountain Spring water, Pepsi-Cola and Fruit Stand Thirst Quencher. Support includes first aid, communications, and aid stations. Also, bicycle shops throughout San Diego will be offering free bicycle safety inspection checks prior to the tour at no cost.

Joining the long distance cyclists this year will be Rob Templin, 2nd overall finisher of the 1988 Race

Across America. Rob posted a time of 9 days, 15 hours, 35 minutes for the 3,073 mile course from California to Washington, D.C.

There will also be 8 short routes, from 4 to 10 miles in length, in the San Diego County communities of Encinitas, Mira Mesa (around Miramar Lake), Bonita, Vista, Valley Center, Coronado, La Mesa (around Lake Murray), and at Mission Bay Park. These can be entered with a \$10 entry fee or \$10 or more in pledges.

There are over 350 prizes to be given away including Nishiki bicycles, Sport Chalet gift certificates, airline travel passes, bicycle accessories, and gift certificates to restaurants and southern California attractions.

Entry forms can be found on page 1 of *Bicycling San Diego*, at all Pizza Hut Restaurants and 7-Eleven stores after January 10th, and all sporting goods and bicycle stores from December 1st.

For more information contact the Children's Asthma League, P.O. Box 26544, San Diego, CA 92126. Telephone: 566-6447.